

# CARBON MONOXIDE KILLS



Llywodraeth Cymru  
Welsh Government

**3 STEPS** to protecting your household from carbon monoxide

## 1. KNOW THE SYMPTOMS

Carbon monoxide is odourless, colourless and tasteless and can kill quickly. Symptoms of carbon monoxide poisoning **INCLUDE:**



Collapse



Nausea



Dizziness



Breathlessness



Headaches



Loss of Consciousness

## 2. LOOK AFTER YOUR FUEL BURNING APPLIANCES

**BOILERS, COOKERS, STOVES, LOG BURNERS, HEATERS...** all fuel burning appliances (as well as flues and chimneys) should be serviced on a regular basis by Registered Competent Persons. For more information contact:

**GAS** Gas Safe Register  
(0800 408 5500)

**OIL** OFTEC  
(0845 65 85 080)

**SOLID FUEL\*** HETAS  
(0845 634 5626)

\*wood, coal, pellets

## 3. GET A CARBON MONOXIDE ALARM

A carbon monoxide alarm can cost as little as £15, and will usually have a battery life of at least **5 years**. An alarm could protect you and your household from as little as £3 a year. Make sure the alarm complies with EN 50291

Position and test any alarm(s) in accordance with the manufacturer's instructions

Worried about carbon monoxide? Call **0800 300 363** for more advice

Suspect carbon monoxide in your home? Call **0800 111 999**

[www.wales.gov.uk/carbonmonoxide](http://www.wales.gov.uk/carbonmonoxide)